



BANANA POPSICLES



A SWEET AND HEALTHY TREAT!

INGREDIENTS

- Bananas (one banana makes 2 pops)
- Plain yogurt
- Granola
- Popsicle Sticks



PROCEDURE



01

Cut banana in half, and Insert a popsicle stick Into the flat (cut) end.

02

Cover the banana with yogurt.

03

Pour granola on a plate, and roll the banana In the granola until coated.

04

Place the banana popsicles on a plate or piece of wax paper and freeze until firm (1-2 hours)

