



# Winter Kids

## BIRD THEMED SIMON SAYS



### INSTRUCTIONS:

ONE LEADER IS "SIMON". SIMON TELLS THE PARTICIPANTS WHAT MOVEMENTS TO DO BY USING THE PHRASE "SIMON SAYS \_\_\_\_\_," BUT IF SIMON DOES NOT SAY "SIMON SAYS" AT THE BEGINNING OF THE INSTRUCTIONS, THE PARTICIPANTS NEED TO FREEZE. THE PARTICIPANT HAS TO LISTEN CLOSELY FOR WHEN THE LEADER BEGINS WITH "SIMON SAYS" TO DO THE MOVEMENT AT THE CORRECT TIME. THE GOAL IS TO ENCOURAGE MOVEMENT, TO REINFORCE WHAT THEY'RE LEARNING ABOUT BIRDS, AND TO HAVE FUN!

### SIMON SAYS COMMANDS:

SWOOP LIKE AN OWL

HOP LIKE A SPARROW

SEARCH FOR NECTAR LIKE A HUMMINGBIRD

TAP ON A TREE LIKE A WOODPECKER

DIVE FOR PREY LIKE A HAWK

SOAR LIKE AN EAGLE

FLAP YOUR WINGS LIKE A PUFFIN

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