

BLIZZARD SNACK

"IT'S A BLIZZARD!"



INGREDIENTS:

- Frozen Yogurt
- Bananas
- Milk

TOOLS:

- Blender
- Plates for cutting bananas
- Plastic Knives
- Cups



PROCEDURE

01

Ask children to peel & cut the bananas

02

Put frozen yogurt, bananas, and milk in the blender.

03

ADULT: turn on the blender ("It's a blizzard!") until you have a creamy milkshake.

05

Pour Into cups and enjoy!

VOCABULARY:

blender, blizzard, frozen yogurt, blending, mixing, milkshake