



Do You Want to Build a Snowman?

Description

This activity can be used if you are indoors. Students will use integrity and will use the mature patterns of the underhand throw.

Equipment

- * Three pieces of newspaper/tissue for each student
- * A piece of paper for each student
- * A writing utensil for each student
- * A target (polyspot, another piece of paper, bucket, basket, desk, chair, etc.) for each student

Formation

Students will be spread out working individually with target about 10 feet in front of them.

Rules

1. Remind students about safety and the underhands throwing cues (step, swing back, throw, follow through).
2. Draw a simple snowman in sight for all students as a visual cue (base, middle, head, hat-if you want a longer game add: nose, eyes, mouth, three buttons, scarf and arms).
3. Each student will crumple up three pieces of newspaper/tissue. They will keep their writing utensil and paper with them.
4. Each round students will be able to throw all three “snowballs” at their target. If they successfully hit their target they will draw a piece of their snowman. If they miss, they will wait until the next round.
5. Play four rounds.

Variation

Use actual snowballs and targets (students will have to make snowballs each round) and when they are successful they must make a snowman-it does not have to be life-size. You may also encourage students to work in pairs if outdoors, which could assist in creating roles and leadership for each student.