



Jump Up, Scrunch Down

Grade K-2

Lesson Summary

Students will use body movements to demonstrate their ability to identify nouns, verbs, verb tenses, adjectives, and adverbs as the teacher reads a paragraph aloud.

This lesson works equally well with a paragraph or passage from a favorite or familiar book and can be applied to any part of speech.

Objectives

Students will:

- * Identify nouns and verbs.
- * Identify adjectives and adverbs.
- * Identify regular and irregular verb tense.

Materials

- * Jump Up paragraphs (below)
- * Two marking cones (to keep students aligned)

Procedure

Outside:

1. Gather students in a straight line from left to right between the cones, facing you.
2. Explain that you will be reading a paragraph to them and that will respond to certain types of words that you read with a body movement. For example, if you are using the noun/verb paragraph, students will Jump Up when they hear a noun, and Scrunch Down when they hear a verb.
3. Read the paragraph slowly, giving students time to respond, or possibly offer an up or down hand signal if they need a few hints to get started. Praise students when most of the group responds quickly with a correct movement. Allow students to try the paragraph again, challenging them to be quicker and more accurate with their responses.

Common Core Standards

English Language Arts

CCSS.ELA-LITERACY.L.K.1.B

Use frequently occurring nouns and verbs.

CCSS.ELA-LITERACY.L.1.1.E

Use verbs to convey a sense of past, present, and future (e.g., Yesterday I walked home; Today I walk home; Tomorrow I will walk home).

CCSS.ELA-LITERACY.L.2.1.E

Use adjectives and adverbs, and choose between them depending on what is to be modified.

**Inside:**

1. Lead the class in creating a story about your recent outdoor lesson. Write the story on the board as you create it.
2. When the story is complete, have student volunteers to the board to demonstrate their ability to identify specific parts of speech, or have each child write a list of specific parts of speech from the story on paper.

Special Needs Students

Students may require the help of an assistant or may need to be assigned the important role of teacher helper to watch the other students' responses during the physical activity.

Jump Up paragraph for **Nouns** and *Verbs*

My **family** once traveled to **Niagara Falls, New York**. It *felt* like a long **trip**. My **dad** *drove*. My **mom** *served* **snacks** and *taught* us fun travel **games**. My younger **brother** mostly *slept*. When our **family** *arrived*, we all *rested* at our **hotel** and then *started* out on our **adventure**. **Sights** *filled* our **eyes**, and **sounds** *filled* our **ears**. The **waterfall** *roared* like **thunder** *booming*. When our **group** *rode* a **boat** beneath the **falls**, the crashing **water** *sprayed* us all over. **Niagara Falls** *showed* us that **adventures** *rock*!

Jump Up paragraph for **Past** and *Future Tense Verbs*

One day Pete the Pup **had run** away from his boy and **had become** lost. Pete **said** to himself, "I *will find* my way back home!" The puppy **wandered** around, sniffing the ground for the smell of his boy. "When *shall I find* my way home?", **wondered** Pete. Pete **listened** hard for the sound of his boy. "Maybe my boy *will whistle* for me like he does," **hoped** the pup. Just then, Pete the pup **heard** a voice calling his name over and over. Pete **ran** to his boy and **licked** his face as if to say, "I never *will run* away from you again!"

Jump Up paragraph for **Adjectives** and *Adverbs*

Horses are **amazing** animals. They are **beautiful** creatures and can run *swiftly* on their **long** legs. Horses are colored *differently* depending on their **specific** breed. Horses behave *gently* with their young, and with **kind** humans. The **powerful** horse has been *faithfully* helping humans for many years, carrying us on their **strong** backs to help us travel *quickly* and *safely*. The **sturdy** horse *easily* pulls our **heavy** wagons and *steadily* plows our **family** farms. Horses *naturally* help make **happier** humans!