

Handshake Alternatives

It's important for your students to greet each other! These alternatives to the traditional handshake will help your students warm up with each other before an activity while minimizing physical contact.

Snowman Fist Bump

Student A holds out a fist to Student B, as if they were starting a fist bump. Student B puts one fist above and the other below Student A's fist to create a snowman. Student B says, "Snowman!"

Skier

The students stand across from their partners in a skiing position (knees and elbows bent, arms tucked into their sides). Student A will laterally jump to one side, and Student B will jump to the opposite side. They will repeat this three times and then elbow bump.

Snowshoe Foot-Five

Partners touch the sole of their shoes together or tap toes.

Fly By

Partners bring their arms up for a high-five, but instead, they miss on purpose and call it a fly by. Partners can always windmill their arms around and touch hands at the bottom.

Snowball Toss

Student A holds out a fist to Student B, as if they were starting a fist bump. Student B takes Student A's fist, pretends to throw it, and says, "Snowball toss!"